

SEPTEMBER

2025 LIGHTER FARE

LACKAWANNA COUNTY SENIOR COMMUNITY CENTERS MENU

MON	TUE	WED	THU	FRI
1 Smoked Turkey & Cheese Sandwich Cucumbers w/ Ranch Mixed Fruit	2 BBQ Chick. Salad Dinner Roll Orange	3 Greek Salad with Chicken Dinner Roll Tropical Fruit	4 Egg Salad Sandw. Broccoli Slaw Apple Slices	5 Grilled Chick. Sandwich Four Bean Salad Pear
8 Ham & Cheddar Sandwich Sliced Peppers Pear	9 Chicken Caesar Salad Dinner Roll Peaches	10 Ham Salad Sandw. Cucumbers & Ranch Pineapple	11 Roast Beef & Cheese Sandwich Broccoli Slaw Orange	12 Southwest Chicken Ranch Salad Dinner Roll Orange
15 Smoked Turkey & Cheese Sandwich Broccoli Slaw Apple Slices	16 Harvest Chicken Salad Dinner Roll Orange	17 Turkey, Ham & Cheese Sandwich Sliced Peppers Pear	18 Med. Chicken Salad Dinner Roll Mixed Fruit	19 Ham & Swiss Sandwich Four Bean Salad Tropical Fruit
22 Smoked Turkey & Cheese Sandwich Cucumbers w/ Ranch Mixed Fruit	23 BBQ Chick. Salad Dinner Roll Orange	24 Greek Salad with Chicken Dinner Roll Tropical Fruit	25 Egg Salad Sandw. Broccoli Slaw Apple Slices	26 Grilled Chick. Sandwich Four Bean Salad Pear
29 Ham & Cheddar Sandwich Sliced Peppers Pear	30 Chicken Caesar Salad Dinner Roll Peaches		*TO ORDER A MEAL, PLEASE CALL YOU CENTER TO RESERVE IN ADVANCE*	*THE SUGGESTED MEAL DONATION IS \$2*

SEPTEMBER

2025 HOT MEALS

LACKAWANNA COUNTY SENIOR COMMUNITY CENTERS MENU

MON	TUE	WED	THU	FRI
1 Beef Patty with Gravy Mashed Potatoes Carrots Choc. Pudding	2 Omelet Turkey Sausage Potatoes Fruit Salad	3 Coconut Crusted Tilapia Peas & Onions Brown Rice Diced Peaches	4 BBQ Chicken Green Beans Sweet Potatoes Orange	5 Italian Pork Broccoli Red Potatoes Pound Cake
8 Chicken w/ Gravy Green Beans Mashed Potatoes Cookie	9 Beef Stroganoff Mixed Vegetables Buttered Rotini Melon	10 Cheeseburger Carrots Potato Wedges Oranges	11 Mini Cheese Ravioli Side Salad Vegetable Soup Fruit Cup	12 Chicken Tenders Chuckwagon Corn Sweet Potato Tots Fruit Salad
15 Pork Patty Cauliflower & Peas Red Potatoes Pound Cake	16 Orange Ginger Chicken Carrots Brown Rice Pineapple	17 Swedish Meatballs Green Beans Dinner Roll Applesauce	18 Breaded Chicken Sandw. Broc. Cheese Soup Sweet Potato Tots Clementine	19 Meatloaf w. Gravy Wax Beans Mashed Potatoes Van. Pudding
22 Stuffed Cabbage Peas & Carrots Dinner Roll Van. Greek Yogurt	23 BBQ Pulled Pork Coleslaw Corn Chowder Watermelon	24 Ranch Chicken Broccoli Mac & Cheese Apple Slices	25 Beef Lasagna Veg. Blend Dinner Roll Tropical Fruit	26 Chicken Kiev Butter Garlic Spinach Roasted Potatoes Peach Applesauce
29 Beef Patty with Gravy Mashed Potatoes Carrots Choc. Pudding	30 Omelet Turkey Sausage Potatoes Fruit Salad		*TO ORDER A MEAL, PLEASE CALL YOU CENTER TO RESERVE IN ADVANCE*	*THE SUGGESTED MEAL DONATION IS \$2*