

Aging Times

YOUR GUIDE TO LOCAL OLDER ADULT RESOURCES



123 Wyoming Ave. - 4th Fl.
Scranton, PA 18503



570-963-6740



AAA@LackawannaCounty.org



LackawannaAging.org



Lackawanna County Area
Agency on Aging



Sara McDonald, Director



If you are interested in receiving this
newsletter in your inbox, email
AgingTimes@lackawannacounty.org
to be added to the subscriber list

HELLO!

Not Your Typical Senior Center Activities



**UNITED
NEIGHBORHOOD
CENTERS**
of Northeastern
Pennsylvania

Over the past few months, participants at United Neighborhood Centers of Northeastern Pennsylvania (UNC) senior community centers have had the great opportunity to enrich their lives by adding a bit of theater, art, and dance. UNC oversees the day to day management of our Fallbrook, Hillside, Mid Valley, and Scranton Senior Community Centers.

This was all made possible with the collaboration and support of the "Armature". The Armature is a partner organization of the Pennsylvania Council on the Arts (PCA) and is supported by the Northeastern Educational Intermediate Unit (NEIU) that strives to strengthen, support, guide, and expand the arts in the lives of the people of northeastern Pennsylvania.

Guest artists were brought in for ten week sessions to teach the skills of their craft. Vince Brust brought his skills for Ballroom Dance, Connor McGuigan helped the participants find their inner actor with acting lessons, Stefanie Colarusso provided instruction for Dutch Art inspired projects, and Jessica Cadden Osborne taught participants a bit of Broadway Style Jazz dance.

We encourage participants to visit each center and take part in these amazing programs that we are so grateful to have.

Fallbrook, Hillside, Mid Valley, & Scranton Senior Community Centers



Visit Our Senior Community Centers

MEALS, ACTIVITIES, SOCIALIZATION, AND MORE!



DUNMORE

1414 Monroe Ave.
Dunmore, PA 18509
570-207-2662



FALLBROOK

185 Fallbrook St.
Carbondale, PA 18407
570-580-9765



HILLSIDE

1151 Winola Rd.
Clarks Summit, PA 18411
570-586-8996



MID VALLEY

310 Church St.
Jessup, PA 18434
570-291-4655



NORTH POCONO

6 John J. Michaels Dr.
Covington Twp., PA 18444
570-843-6485



SCRANTON

1004 Jackson St.
Scranton, PA 18504
570-961-1592 ext. 102



TAYLOR

700 South Main St.
Taylor, PA 18517
570-562-0400



THROOP

500 Sanderson St.
Throop, PA 18512
570-383-7906

Lackawanna County Senior Farmer's Market Nutrition Program (FMNP) 2025

Guidelines

If you are age 60 or older by 12/31/2025, a Lackawanna County Resident, and meet the income eligibility guidelines listed below, you are eligible for the Senior FMNP vouchers.

The 2025 household income eligibility is:

1 person - \$28,953; **2 people** - \$39,128; **3 people** - \$49,303;
4 people - \$59,478; **5 people** - \$69,365; **6 people** - \$79,828

Each eligible senior may receive five/\$5 checks for a total one-time benefit of \$25 during the program year. People who reside in a nursing home, personal care home, domiciliary home, or convent are not eligible.

Distribution will begin in June 2025 and will be in person only.

Please bring a valid PA ID with you to the distribution.

Mailed applications will not be processed.

If an eligible senior cannot attend a distribution event in person, a proxy can act in their place, with a completed proxy form. Proxy forms are available to print at LackawannaAging.org or can be mailed upon request. A person may be a proxy for up to four (4) people.

Incomplete proxy forms will not be accepted at the distribution sites.

Remaining 2025 Distribution Schedule

Sunday, July 19th at 10 am
South Scranton Farmer's Market
526 Cedar Ave. Scranton

Wednesday, July 23rd at 11 am
Scranton Co-Op Farmer's Market
900 Barring Ave. Scranton

Distribution will last for three hours or until the voucher supply is exhausted

Fresh Farmers Market Peach Salad



Ingredients

- 6 to 8 cups mixed greens
- 3 small (or 2 large) ripe peaches
- 1 handful of blueberries
- 1 handful of red onion slices
- ½ cup corn
- 2 ounces feta cheese, crumbled
- Your favorite salad dressing
- Optional – ¼ cup sliced almonds

Instructions

1. Prep the fresh ingredients: Slice the peaches, thinly slice the onion, and wash the greens and blueberries.
2. Serve: Top the greens with the peaches, almonds, red onion, cheese, and corn, then drizzle with the dressing. Serve immediately.

Already received your vouchers?

**The last day to use them is
November 30th, 2025**

**They can only be used to buy
fresh, nutritious, unprepared,
locally grown fruits,
vegetables, and herbs from
approved farmers in PA**

**Visit LackawannaAging.org to
find a list of local farmers that
accept the vouchers**

COOLING CENTERS

Community Intervention Center
445 North 6th Ave. Scranton, PA 18503

Oak St Health
1078 S Washington Ave, Scranton, PA 18505

Scranton Jewish Community Center
601 Jefferson Ave. Scranton, PA 18510

St. Francis of Assisi Kitchen
500 Penn Ave. Scranton, PA 18509

Fallbrook Senior Community Center
185 Fallbrook St. Carbondale, PA 18407

Hillside Senior Community Center
1151 Winola Rd. Clarks Summit, PA 18411

Mid Valley Senior Community Center
310 Church St. Jessup, PA 18434

Scranton Senior Community Center
1004 Jackson St. Scranton, PA 18504

Dunmore Senior Community Center
1414 Monroe Ave. Dunmore, PA 18509

North Pocono Senior Community Center
6 John J. Michaels Dr. Covington Twp., PA 18444

Taylor Senior Community Center
700 South Main St., Taylor, PA 18517

Throop Senior Community Center
500 Sanderson St. Throop, PA 18512

SUMMER



PROPERTY TAX/RENT REBATE
APPLICATION DEADLINE EXTENDED TO

DECEMBER 31, 2025

pa.gov/PTRR



A place created with older adults in mind. We're here to make it easier for older adults, caregivers, families and friends to find the information they need in Lackawanna County. Whether you're looking to stay active, get support, or just connect with your community, we're your go-to guide. Think of us as a friendly neighbor who always knows who to call and where to go. Our goal is to help you feel informed, empowered & supported by connecting you directly with the people and organizations who can help, making your search simple and stress-free.

agefriendlylackawanna.com



BEYOND NUTRITION:

CARING, CONNECTION, COMMUNITY

Meals on Wheels delivers medically tailored diets, a friendly face, and peace of mind.

Services Offered:

- Pet Support
- Post-Discharge
- Light Housekeeping
- Socialization



570-346-2421



mealsonwheelsnepa.org

Serving our community with
Kindness, Respect, and Compassion



Have a safe and happy 4th of July!



Lackawanna
County
Department of Human Services
AREA AGENCY ON AGING

A caregiver video collection, from trusted sources, — all in one place!



CAREGIVER RESOURCES

Caregiver Video Library

Explore this collection of videos that provide guidance for different caregiving tasks.

PA CareKit

pa.gov/CareKit



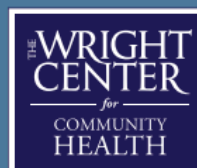
Follow us on Facebook at
Lackawanna County Area Agency
on Aging for the latest news,
events, and information!



The WRIGHT Age-Friendly Health System

Our Geriatric Services program improves the health and well-being of older adults by examining the whole person, not just their medical condition. Board-certified geriatricians address *What Matters* most to our patients, as well as their *Medication, Mood, and Mobility*.

Program highlights include:



- Personalized Care Plan
- Your Own Geriatric Care Manager
- Specially Trained Geriatricians
- Elder Life Program
- Caregivers Support Program

570.230.0019 | TheWrightCenter.org |

Joint Senior Expo 2025

Friday, Sept. 19, 2025
11AM – 2 PM

With State Legislators & Lackawanna
County Area Agency on Aging

**FREE PARKING
&
FEATURING OVER
70 VENDORS!**

Marketplace at Steamtown
300 Lackawanna Ave
Scranton, PA 18503



**Lackawanna
County**
Department of Human Services
AREA AGENCY ON AGING

Lackawanna County Area Agency on
Aging office will be providing:

*bag lunches and transportation
from Senior centers!*

Lackawanna County Board of Commissioners



Com. Bill Gaughan



Com. Chris Chermak



Sen. Marty Flynn
22nd Senatorial District



Sen. Rosemary M. Brown
40th Senatorial District



Rep. Kyle J. Mullins
112th Legislative District



Rep. Kyle T. Donahue
113th Legislative District



Rep. Bridget M. Kosierowski
114th Legislative District



Rep. Jim Haddock
118th Legislative District

Fridays in the Park



Age Friendly Lackawanna Community Celebration



World Elder Abuse Awareness Day



LACKAWANNA COUNTY AREA
AGENCY ON AGING PRESENTS

Fridays in the Park

**County
Residents 60+ Free!**

**Join us for a beautiful
Friday in the Park!**

***Crafts • Entertainment • Bingo
Lunch • Nutrition Education
Local Resources & more!***



McDade Park

~~6/6~~ • 8/1 • 8/29

Aylesworth Park

~~6/13~~ • 7/11 • 8/8

Covington Park

~~6/20~~ • 7/18 • 8/15

Merli-Sarnoski Park

~~6/27~~ • 7/25 • 8/22



10 AM - 1 PM

RSVP

570-963-6710 ext. 1450

Reservations are limited to 50 people
and will be taken a month at a time.

Transportation Available
with COLTS Shared Ride for 65+ | 570-963-6795



**Lackawanna
County**
Department of Human Services
AREA AGENCY ON AGING