

September

2023

LIGHTER FARE

Monday	Tuesday	Wednesday	Thursday	Friday
<p>*TO ORDER A MEAL, PLEASE CALL YOUR CENTER TO RESERVE IN ADVANCE*</p> <p>*THE SUGGESTED MEAL DONATION IS \$2*</p>				<p>1</p> <p>Tuna Salad Sandwich Four Bean Salad Orange</p>
<p>4</p> <p>Deli Chicken & Cheddar Sandwich Diced Beets Pear</p>	<p>5</p> <p>Chef Salad with Turkey Dinner Roll Orange</p>	<p>6</p> <p>Harvest Chicken Salad Dinner Roll Melon</p>	<p>7</p> <p>Roast Beef & Cheddar Sandwich Broccoli Slaw Pineapple</p>	<p>8</p> <p>Cranberry Chicken Salad Sandwich Baby Carrots with Ranch Orange</p>
<p>11</p> <p>Roast Beef Club Sandwich Four Bean Salad Tropical Fruit</p>	<p>12</p> <p>Ham & Swiss Sandwich Potato Salad Pineapple</p>	<p>13</p> <p>Beef Caesar Salad Dinner Roll Strawberry Banana Applesauce</p>	<p>14</p> <p>Egg Salad Sandwich Broccoli Slaw Apple Slices</p>	<p>15</p> <p>Spring Mix Salad with Turkey Dinner Roll Orange</p>
<p>18</p> <p>Deli Sandwich Potato Salad Mandarin Oranges</p>	<p>19</p> <p>Chicken & Swiss Sandwich Cucumbers with Ranch Pear</p>	<p>20</p> <p>BBQ Chicken Salad Dinner Roll Pineapple</p>	<p>21</p> <p>Turkey & Cheddar Sandwich Broccoli Slaw Pear</p>	<p>22</p> <p>Tuna Salad Sandwich Four Bean Salad Orange</p>
<p>25</p> <p>Deli Chicken & Cheddar Sandwich Diced Beets Pear</p>	<p>26</p> <p>Chef Salad with Turkey Dinner Roll Orange</p>	<p>27</p> <p>Harvest Chicken Salad Dinner Roll Melon</p>	<p>28</p> <p>Roast Beef & Cheddar Sandwich Broccoli Slaw Pineapple</p>	<p>29</p> <p>Cranberry Chicken Salad Sandwich Baby Carrots with Ranch Orange</p>

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2023

HOT MEALS

Monday	Tuesday	Wednesday	Thursday	Friday
<p>*TO ORDER A MEAL, PLEASE CALL YOUR CENTER TO RESERVE IN ADVANCE* *THE SUGGESTED MEAL DONATION IS \$2*</p>				<p>1 Cheeseburger Diced Potatoes Broccoli Slaw Cantaloupe</p>
<p>4 BBQ Chicken Green Beans & Stewed Tomatoes Mac & Cheese Orange</p>	<p>5 Meatloaf Cheesy Mashed Potatoes Diced Beets Jello</p>	<p>6 Cheese Omelet & Turkey Sausage Hash Browns Peppers & Onions Apple Slices</p>	<p>7 Chicken Parmesan Vegetable Blend Penne with Sauce Pound Cake</p>	<p>8 Stuffed Cabbage Mashed Potatoes Peas & Pearl Onions Vanilla Greek Yogurt</p>
<p>11 Chicken Tenders Broccoli & Cauliflower Roasted Potato Wedges Fruit Salad</p>	<p>12 Italian Sausage & Peppers Wax Beans Buttered Brown Rice Clementine</p>	<p>13 Beef Pot Pie Mashed Potatoes Carrots Vanilla Pudding</p>	<p>14 Breaded Fish Sandwich Roasted Red Peppers Tomato Basil Soup Fresh Melon</p>	<p>15 Roast Pork Haluski Peas Oatmeal Cookie</p>
<p>18 Vegetable Lasagna Broccoli Diced Carrots Vanilla Greek Yogurt</p>	<p>19 BBQ Pulled Pork Sweet Potato Fries Green Beans Fruit Salad</p>	<p>20 Roast Chicken with Gravy Scalloped Potatoes Brussel Sprouts Banana Bread</p>	<p>21 Meatball Sandwich Diced Potatoes Garden Salad Orange</p>	<p>22 Orange Chicken Broccoli Vegetable Fried Rice Sugar Cookie</p>
<p>25 Hot Dog Roasted Potato Wedges Baked Beans Watermelon</p>	<p>26 Chicken Marsala Buttery Mashed Potatoes Buttered Green Beans Chocolate Pudding</p>	<p>27 Swedish Meatballs Carrots French Onion Soup Fruit Salad</p>	<p>28 Rotisserie Seasoned Chicken Roasted Sweet Potatoes Cauliflower & Peas Chocolate Chip Cookie</p>	<p>29 Cheeseburger Diced Potatoes Broccoli Slaw Cantaloupe</p>

September

2023

FROZEN MEALS

Monday	Tuesday	Wednesday	Thursday	Friday
<p>*TO ORDER A MEAL, PLEASE CALL YOUR CENTER TO RESERVE IN ADVANCE*</p> <p>*THE SUGGESTED MEAL DONATION IS \$2*</p>				<p>1</p> <p>Cheese Lasagna Roll Up Cauliflower Peas Applesauce</p>
<p>4</p> <p>Chicken Alfredo Broccoli Penne Diced Peaches</p>	<p>5</p> <p>Turkey Sausage Diced Red Potatoes Pancake Orange</p>	<p>6</p> <p>Orange Chicken Broccoli Vegetable Fried Rice Mandarin Oranges</p>	<p>7</p> <p>BBQ Meatballs Mashed Potatoes Green Beans Apple</p>	<p>8</p> <p>Italian Breaded Haddock Italian Vegetable Blend Buttered Penne Diced Pears</p>
<p>11</p> <p>BBQ Chicken Diced Red Potatoes Mixed Vegetables Mandarin Oranges</p>	<p>12</p> <p>Swiss Steak Mashed Potatoes Peas & Carrots Apple</p>	<p>13</p> <p>Meatballs Marinara Italian Vegetable Blend Penne Tropical Fruit</p>	<p>14</p> <p>Cheese Omelet Turkey Sausage Breakfast Potatoes Orange</p>	<p>15</p> <p>Breaded Haddock Cheesy Mashed Potatoes Vegetable Blend Diced Peaches</p>
<p>18</p> <p>Meatloaf Mashed Potatoes Peas Apple</p>	<p>19</p> <p>BBQ Riblet Baked Beans Mixed Vegetables Orange</p>	<p>20</p> <p>Lemon Butter Chicken Green Beans Buttered Brown Rice Diced Pineapple</p>	<p>21</p> <p>Chicken Parmesan Italian Vegetable Blend Buttered Rotini Diced Pears</p>	<p>22</p> <p>Cheese Ravioli Alfredo Broccoli Carrots Applesauce</p>
<p>25</p> <p>Turkey Hot Dog with Chili Diced Seasoned Potatoes Diced Carrots Mandarin Oranges</p>	<p>26</p> <p>Sweet & Sour Chicken Stir Fried Vegetables Brown Rice Orange</p>	<p>27</p> <p>Chicken Tenders w/ Honey Mustard Sweet Potatoes Green Beans Diced Pineapple</p>	<p>28</p> <p>Salisbury Steak w/ Gravy Mashed Potatoes Broccoli Apple</p>	<p>29</p> <p>Cheese Lasagna Roll Up Cauliflower Peas Applesauce</p>